

**WALHALLOW  
PUBLIC  
SCHOOL**

## NEWSLETTER

**Term 3**

**Week 8**

**Thursday, 2 September 2021**

### Principal's Message

Hello and welcome to Week 8, Term 3.

#### Learning from Home

Congratulations to all of our students, as well as their parents and carers for the fantastic job you are doing learning from home in these tricky circumstances.

At this stage, Learning from Home will continue until Monday 13 September, 2021. If we return to school then, we will be operating under Level 3 restrictions.

#### Level 3 Restrictions Orders Below

Schools moving from stay-at-home rules will return to face-to-face learning and teaching under these settings. All staff and students are expected to be at school with visitors and activities limited.

We will continue to update you on these restrictions. Thank you for your support.

In the meantime, Mrs Harris has some great Learning from Home advice for students and families over the page.

#### 2022 Kindergarten Transition

Providing we are back to school, children who plan to start school in 2022 are welcome to attend our transition sessions on Thursdays from 9-11am during Term 4, starting week 2 for eight weeks. Flyers attached. Please see a staff member if you would like any more information about this program.

#### Indigenous Literacy Day, 2021

On Wednesday, 1 September 2021 we are celebrating Indigenous Literacy Day. Students are asked to come to the gate at 11am (social distancing will apply), bring their library bag to swap a library book and collect their literacy pack that contains reading and writing material. Indigenous Literacy Day celebrates stories and language, so you will be excited to see some language resources in your pack as well as kid friendly booklets on Covid 19 aimed at easing anxiety around this virus.



Indigenous Literacy Day

#### Thank you to staff

I'd like to thank our staff for their flexibility and professionalism during lockdown. Staff have worked hard to provide materials for home learning, take on board suggestions from community to improve on our home learning packs as well as brainstorming and executing ways in which we can connect with community safely to lift spirits and show appreciation during this time. Please look out for Yuluwirri Learning Packs, Literacy Packs and Father's Day Activity Packs this week for students. We have more ideas for next week, so stay tuned.

Stay well and stay safe everyone. Skye Davis



*Friday, 3 Sept - Learning from Home*  
*Monday, 6 Sept - Learning from Home*  
*Tuesday, 7 Sept - Learning from Home*  
*Wednesday, 8 Sept - Learning from Home*  
*Friday, 10 Sept - Learning from Home*  
*Mon, 13 Sept - Back to School Level 3 Restrictions (TBC)*  
*Tue, 14 Sept - Back to School Level 3 Restrictions (TBC)*  
*Wed, 15 Sept - Back to School Level 3 Restrictions (TBC)*  
*Fri, 17 Sept - Back to School Level 3 Restrictions (TBC)*

# Learning from Home

We have missed our classes over the past few weeks and we are very much looking forward to returning to school to see you all soon! In the meantime, we hope you have found some of the activities in the 'learning from home' booklets to be challenging and stimulating! We know this is an exceptionally difficult time and we greatly appreciate the work all our students and families are doing.

This week, we have added some great ideas in your booklet to get active during this time at home. We encourage you to continue to undertake daily physical exercise. Walk or ride to the park, walk the dog, kick or throw a ball around, play your favourite games or use your imagination and come up with a new game.

In your booklets we always try to include reading comprehension, some maths exercises and creative activities, such as art. Use this time at home to dive into your passions. Learn to play chess, learn to juggle, learn a magic trick, make a vlog, learn to cook a favourite meal, or make up a new tik tok dance!!!

We encourage you to read a book each day and try each activity in your booklet and don't forget the more work you complete, the more rewards you may receive (for example – the more guesses you can have in our lolly competition!) We have been marking the work returned so far and are very impressed with some of the efforts put in. Well done!! Your child is always more than welcome to email me to ask me questions any time or just say 'hello'! My email address is: [roxanne.galloway@det.nsw.edu.au](mailto:roxanne.galloway@det.nsw.edu.au)

## Food Hampers

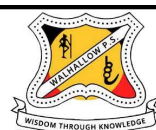
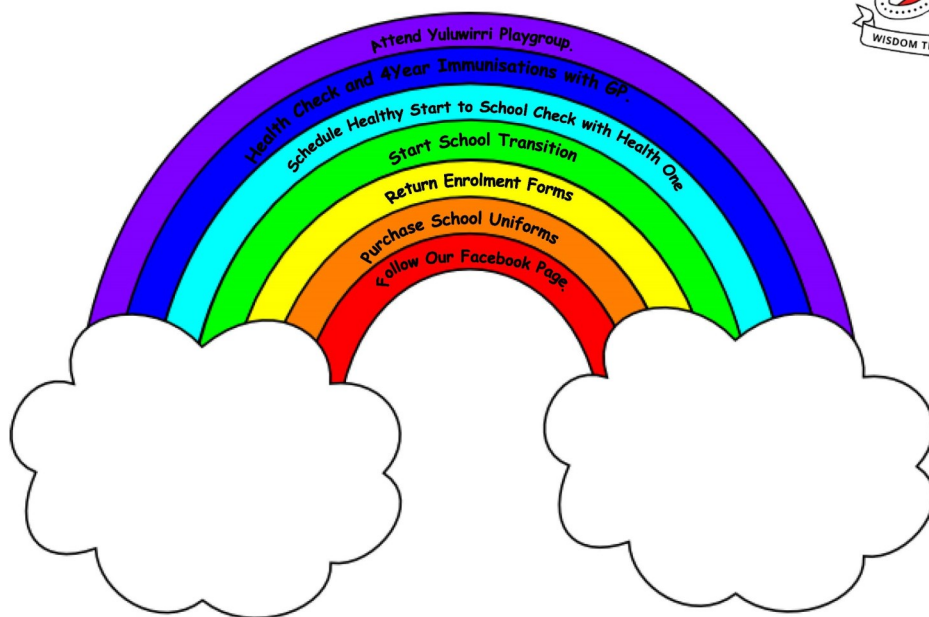
I hope you enjoyed your hampers that were delivered last week. Staying at home over an extended period of time has added an unexpected layer of strain to our day-to-day routines. It's an overwhelming time, but we hope in some small way we can ease some of the strain on our families. Our hampers were filled with:

- 1 dozen eggs
- 1 litre long life milk
- 1 pack of 10 choc chip biscuits and 1 pack of ANZAC biscuits (courtesy of Mrs Cronin)
- 1 large tin of tuna
- Lynda's recipe for tuna bake as a kit (carrot, celery and onion and a laminated recipe in a zip lock bag)
- 1 can of corn niblets
- 1kg mince
- 1 kg block cheese
- 1 jar of pasta sauce
- 1 500g pack of pasta
- 2 loaves of bread
- Apple and orange for each child
- 1 pack of corn flakes
- 1 small jar of vegemite



# Yuluwirri Dhayaanmaa Yala-y

"Follow the Rainbow to School"



## Ready, Set, School!

### Transition to School Program at Walhallow Public School 2021



Every Thursday  
Morning  
9-11am

Starting Week 2,  
Term 4 2021

8 - Week Transition  
Program  
Please register your  
interest with a staff  
member.

Please pack a hat and  
water bottle for your  
child. Crunch and Sip  
fruit break provided.

Get to know our  
school, teachers and  
daily routines.







## News from our P&C and Community



### Next P&C Meeting

Monday, 23 August 2021

2pm in the staffroom

parents support  
volunteer fundraising help  
organise spare time  
community

Guest Speaker—Michelle Clare  
Aboriginal Education and Wellbeing Advisor

All welcome

Thank you! ❤️

Walhallow PS staff would like to thank Walhealth—Walhallow Aboriginal Corporation for vaccinating our staff. We appreciate you working to keep students, staff and the community safe during these unprecedented times.



### Come along and join us!

Monday mornings: 9.15am – 11 am

Mum's and Bubs playgroup.

Play group is a great opportunity for children to participate in fine motor and gross motor activities whilst working on their social development.

Everyone is welcome!

Masks must be worn and checked in on arrival.



Due to our state lockdown and Walhallow PS on Level 4 Learn from Home restrictions, our Yuluwirri Program will not take place until further notice. Stay well and stay safe. See you soon.





# Home Learning

## A DAY IN THE LIFE OF A WPS LEARNER

The staff at Walhallow Public School think everyone working at home is doing a fantastic job.

We are all currently working in an unfamiliar environment where our students are working at home with printed booklets.

This pamphlet aims to help you and your family make the most of your learning time at home.

**Keep doing your best  
and remember  
at Walhallow Public School we are  
'Safe, Respectful Learners'.**



## Take a Break

Remember to take regular breaks between your learning activities, just as you would at school.

In the timetable outlined in this pamphlet, we suggest you have lunch at 11am and second break at 1pm.

Help to prepare something healthy to eat. Don't forget to drink plenty of water - your brain needs it.



## Key Learning Time

**9am - 11am**

**School based lessons** - these are prepared by your teacher and are found in your learning from home pack. These activities are the most important part of your day. They will be based on **READING, WRITING, SPELLING and MATHS**.

Complete this work **FIRST**.



**11.30am - 1pm**

## Creative Activities



**Creating** - Art and craft activities, drawing, LEGO, colouring in, playdough.

**Reading** - Library books, audio books, novels, ABC listen, story books.

**PE** - Walking the dog, dancing, bike riding, soccer, Yoga, trampoline.

**Games & Puzzles** - Cards, Yahtzee, crosswords, board games.



**Zoo Experiences** - online zoo visits, live animal feeds

**Documentaries** - online videos e.g. Cirque du Soleil, reptile park, streaming services such as Netflix or Stan.

**Household Chores** - cooking, cleaning, sewing, gardening, helping family.







Francis Robert Gorrel

We were very sad to hear last week of the passing of our friend Mr Frank Gorrel. Mr Gorrel was the General Secretary of the Aboriginal Children's Advancement Society until earlier this year when he became unwell. His support of our school over the years has been phenomenal and he will be sorely missed. The Aboriginal Children's Advancement Society have assisted our school in funding STEM equipment, interactive whiteboards etc just to name a few.

You would remember Mr and Mrs Gorrel visiting each year at our annual presentation assembly.

We have passed on our sincere condolences to Mrs Jan Gorrel and their two daughters. Mr Gorrel was a true gem.

## Sunsmart Snippet

### How does sunscreen work?

**When we protect our skin by applying sunscreen correctly, we reduce our risk of skin cancer.**



Sunscreen reduces the amount of UV radiation reaching your skin by providing a barrier to absorb or filter UV rays away from you skin. This prevents damage to the cells below.

When UV levels are 3 or above, sunscreen should always be used with other forms of sun protections such as clothing, hats and shade.

[www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)



**Cancer Council**  
Healthy Lunch Box

## Healthy Lunch Box recipe

### Japanese vegetable pancakes



#### Ingredients

½ small cabbage, very thinly sliced  
4 medium carrots, grated  
2 cups baby spinach, very thinly sliced  
4 spring onions, thinly sliced  
½ cup wholemeal plain flour  
6 large eggs, lightly beaten  
Pinch of salt  
Olive oil spray

#### Method

Place the vegetables in a bowl and mix together. Toss with the flour, ensuring it coats all the vegetables. Stir in the eggs and pinch of salt.

Lightly spray a large non-stick fry pan with olive oil spray and heat over medium-high heat. You may need to re-spray between batches.

Add heaped tablespoons of the mixture to the fry pan in rounds. Gently press to flatten. Cook until golden, approximately 3 minutes, and then turn to cook the other side.

**For more recipes visit:**

[healthylunchbox.com.au](http://healthylunchbox.com.au)



**Cancer Council**  
Healthy Lunch Box