

**WALHALLOW  
PUBLIC  
SCHOOL**

## NEWSLETTER

**Term 1**

**Week 2**

**Thursday, 6 February 2020**

**Habit of the Week – Week 3 :** Begin with the End In Mind. Think of the consequences or what will happen next.

**Habit of the Week – Week 4:** Begin with the End in Mind. Work towards learning goals.

### **Principal's Message**

Welcome to the new school year! 2020 looks set to be a terrific year at Walhallow Public School.

#### **Classes for 2020**

Classes have been decided and settled. If your child is in Year 3-6, they are in the Echidna Room with Mrs Harris and K-2 students are in the Rainbow Serpent Room with Ms Mason. I am very proud of the students for such a positive and settled start to the year.

#### **Breakfast and Lunch Club**

Breakfast and Lunch Club, with the help of Virginia and Raylene, has been very popular. The children are enjoying this service and were surveyed to organise a lunch menu for the term (see menu attached). We are happy to receive any feedback on this program, so please contact the school if you have any suggestions.

#### **School Leaders 2020**

Our School Leaders for 2020 will be announced early next week and our Induction Assembly is scheduled for next Friday, 14 February at 2.30pm. Invites will be distributed early next week.

#### **Swimming Carnival Werris Creek**

Tomorrow, Friday, 7 February, is our Small School's Swimming Carnival at Werris Creek. We look forward to seeing all students at the pool at 8.45am. Travel is by private arrangement and this is a normal school day. A reminder that students who do not attend will be marked with an unjustified absence. Our students made such progress in their swimming lessons at the end of the year, it will be super to see them participate.

#### **Farewell Mr Maxwell**

Mr Maxwell has informed us, that after 12 or more years of working at Walhallow PS, he plans to retire at the end of February. It was a difficult decision for Mr Maxwell, but as you know Mr Raymond Saunders has been relieving Mr Maxwell for some time as he has been unwell. I'd like to thank Mr Maxwell for his dedication and service to Walhallow PS over the years and wish him all the best for his retirement and good health. In terms of replacing Mr Maxwell, staffing are looking into our options currently.

#### **Parent Meeting**

Our first Parent Meeting of 2020 is scheduled for Monday, 17 February at 2pm in the Staffroom. This will be an Annual General Meeting and your chance to re-establish the P&C. We hope to see you all there.

#### **Welcome Back Afternoon Tea**

We are looking forward to seeing you all at the Welcome Back to School Afternoon Tea this afternoon.



***Friday, 7 Feb - Swimming Carnival at Werris Creek***

***Tuesday, 11 Feb - Music, Library***

***Wednesday, 12 Feb - Scripture, Art***

***Friday, 14 Feb - Sport with Sam, Leaders Induction Assembly***

***Monday 17 Feb - Parent Meeting & AGM 2pm***

***Tuesday, 18 Feb - Music, Library***

***Wednesday, 19 Feb - Scripture, Art***

***Friday, 21 Feb - Sport with Sam, Zone Swimming***

## The Rainbow Serpent Room

This week students have been revising counting to 100 by 1's, 2's and 5's.

We have also been looking at the Days of the Week and ordering them correctly.

### I CAN COUNT BY 2s

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100

### Days of the Week

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

### Count by 5s

5	10	15	20	25	30	35	40	45	50
55	60	65	70	75	80	85	90	95	100



# PARENT MEETING

&

# AGM

Annual General Meeting

**Monday 17 February 2020**

**2pm Staffroom**

## The Echidna Room

The Echidna class are enjoying settling into a new space and new routines. We have decided on our Classroom Expectations, looked at Study ladder, Google Classroom, Learning Contracts, Meditation, Personal Goals for 2020, Art, and more fun!

Last week we wrote our own juicy narrative called 'The Dare'. Have you ever been dared to do something crazy?

Students have all chosen new texts to read for reading groups and we are even preparing for our first assembly item. Watch this space!!!

# CLASSROOM

expectations

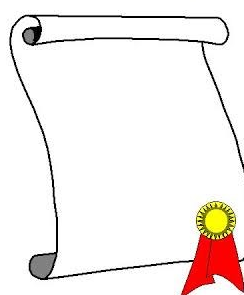


TO  
DARE  
IS  
TO  
DO

## Learning Contracts Are:

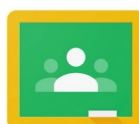
Written agreements between teachers & students that outline:

- what students will learn
- how they will learn it
- the time period for the learning experience
- how they will be evaluated

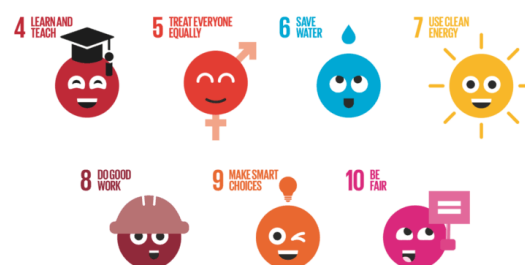


# StudyLadder

Inspire Motivate Achieve








Google Classroom



# Lunch Club

Ongoing each week for Term 1 (also attached as a separate page for your convenience).

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Wraps 	Sandwiches with assorted fillings 	Quiche 	Sandwiches with assorted fillings 	Mini Pizzas 



## Felicity Mason



Thank you so much to all of the Walhallow Community that have welcomed me so warmly this past week. For those I've not had a chance to meet yet, I wanted to introduce myself and let you all know a little bit about me.

My son Ollie and I have moved up from Sydney, where for the past 5 years I have been teaching Years 1 and 2 at Wakehurst PS..Wakehurst PS is located near Manly Beach, so moving to Quirindi has been quite a change for the both of us. I spent much of my childhood in Moree as I have family there. I have worked in Taree and Pallamallawa. I love to travel, it is my favourite past-time and I am really looking forward to exploring this beautiful part of the country. I like reading, watching movies and attending music concerts. I also like watching basketball and I go for the Sydney Kings. One of my other passions is family history research and whilst I am here, I look forward to exploring my family connections in Gamillaroi Country.

I feel very blessed to have this opportunity to work at Walhallow PS in 2020 and I look forward to meeting and working closely with all of the Walhallow Community.

Here's to a fantastic year ahead!

Felicity Mason



## Good for Kids good for life



Our school is part of the Crunch&Sip® program, also known as 'Fruit break'. Crunch&Sip® is a set time during the day to eat vegetables and fruit and drink water.

Below are some examples of what students are allowed to bring for Crunch&Sip®:

- All fresh vegetables and fruit such as carrot sticks or grapes
- Dried fruit or tinned fruit in juice, but only sometimes
- Plain water



Some tips to increase vegie intake for Crunch&Sip® include:

- Start with vegetables your children are familiar with
- Allow children to choose their Crunch&Sip® vegetables
- Try sweeter vegetables like cherry tomatoes or carrots
- Use a variety of colours to make it more appealing
- Let kids pick out a special Crunch&Sip® container from the supermarket
- Get kids involved in cooking vegetables at home

Source: Crunch&Sip® [www.crunchandsip.com.au](http://www.crunchandsip.com.au)



HNEHD-GoodForKids@health.nsw.gov.au  
<http://www.goodforkids.nsw.gov.au/>

## Good for Kids good for life

### PACKING AN EVERYDAY LUNCHBOX

Packing an everyday lunchbox does not have to contain fancy ingredients.

Make packing an everyday lunchbox easy by adding:

- **Crunch and Sip®:** 1 serve of fruit or vegetables
- **Recess:** 1 serve of fruit or vegetables + 1-2 everyday snacks e.g. rice crackers, yoghurt
- **Lunch:** Sandwich/wrap/roll or leftovers containing everyday ingredients e.g. pasta, fried rice
- **Drink:** Water and/or reduced fat plain milk
- Don't forget to add an ice brick to keep the food cool and safe

See our everyday lunchboxes below for ideas.



**Crunch & Sip®:** Capsicum sticks  
**Recess:** Mini rice cakes, banana  
**Lunch:** Multigrain wrap with chicken, cheese, carrot and lettuce  
**Drink:** Water



**Crunch & Sip®:** Cherry tomatoes  
**Recess:** Rice crackers, cucumber sticks and hummus  
**Lunch:** Raisin bread sandwich with banana  
**Drink:** Water, reduced fat plain milk



**Crunch & Sip®:** Carrot sticks  
**Recess:** Yoghurt, grapes  
**Lunch:** Whole meal sandwich with tuna, tomato and lettuce  
**Drink:** Water

Whilst brands may be depicted in these images, Good for Kids has no affiliation and does not endorse any specific food brand.



HNEHD-GoodForKids@health.nsw.gov.au  
<http://www.goodforkids.nsw.gov.au/>

## QUIRINDI FOOTBALL CLUB



# 2020 REGISTRATIONS

<https://www.playfootball.com.au/register>

REGISTRATIONS OPEN ONLINE FEBRUARY 2, 2020  
OR JOIN US AT OUR REGISTRATION DAY  
SATURDAY FEBRUARY 15, 2020 10AM - 1PM  
AT CARLO'S SUPA IGA

## FEES

	Pay before Feb 28, 2020	Price after Feb 28, 2020
Sub-Juniors (ages 5-7)	\$75	\$85
Juniors (ages 8-11)	\$95	\$105
Intermediates (ages 12-14)	\$105	\$115
Senior Player <18	\$165	\$185
Player aged <18 with bag & shirt	\$205	\$225
Player aged >18	\$290	\$310
Player aged >18 with bag & shirt	\$330	\$350


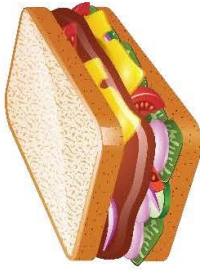
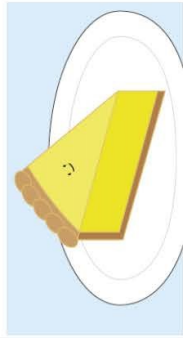
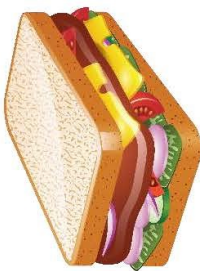
Junior season starts  
9.00am Saturday March 23  
at Golland Fields



GET IN  
QUICK  
FOR SALE  
PRICES!

DON'T FORGET YOUR ACTIVE KIDS VOUCHER!

Term One 2020 Lunch Club Menu  
Walhallow Public School

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Wraps</p> 	<p>Sandwiches with assorted fillings</p> 	<p>Quiche</p> 	<p>Sandwiches with assorted fillings</p> 	<p>Mini Pizzas</p> 