

**WALHALLOW  
PUBLIC  
SCHOOL**

## NEWSLETTER

**Term 2**

**Week 8**

**Thursday, 20 June 2019**

**Habit of the Week – Week 7:** Begin with the End in Mind - Work towards your learning dreams

**Habit of the Week – Week 8:** Begin with the End in Mind - Prioritise - Big rocks and little rocks.

### **Principal's Message**

#### **Personal Learning Pathways**

Students have been looking at their Learning Dreams that were established as part of their Personal Learning Pathways (PLP's). They have been working hard to achieve the dreams that they identified this semester with their parents, teachers and our Aboriginal Education Officer (AEO) Miss Allan. Well done to all!

#### **Excursion Payments**

We have some exciting excursions coming up, so families are encouraged to pay their term excursion fees to assist with excursion payments. We thank you for your cooperation with this matter.

#### **Music and Transition Programs**

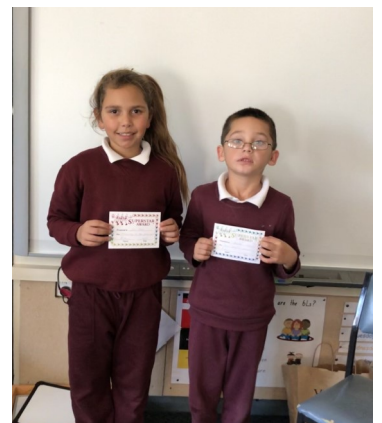
Congratulations to all the students who have been involved in the major music events, organised by Mr Garrett in conjunction with Quirindi High School. We are so fortunate to be able to offer our students these opportunities and we thank Mr Worley and QHS for their ongoing support of transition and taster days. Ms McInnes, Year Seven Year Advisor 2020 will be visiting our school to work with our Echidna Room students on some transition activities during Week 10 this term.

#### **School Uniform**

All students should now be wearing Winter uniform, including maroon jumpers, black shoes and school hats. Please label all items clearly.

#### **Craft Workshop Tomorrow—Library 9.30am—All welcome!**

Until next time, Mrs Davis



**Jalii Slater  
Jacoebi Nean**



**Monday 10 June - Long Weekend Public Holiday**

**Tuesday, 11 June - Pantry**

**Wednesday, 12 June Chillax**

**Friday, 14 June - Sport with Sam, Assembly**

**Monday 17 June - Big Sis, Lil Sis**

**Tuesday, 18 June - Pantry, Music, Scripture**

**Wednesday 19 June - Big Band Bash**

**Thursday, 20 June - Chillax**

#### **Important Dates coming up ....**

**July 1 Parent Meeting 2pm**

**July 2 Excursion TBC**

**July 4 NAIDOC Day Celebrations**

**July 5 Small Schools Athletics  
Carnival**

### Echidna Room

This week in the Echidna room, we have continued our persuasive writing unit. We read the book *The Great Bear* and it helped us to imagine what it would be like to be an animal in captivity. We have also explored the world of advertising and we discussed how advertisements are designed to persuade consumers to buy their product. Students enjoyed creating their own advertisement.

In Mathematics we are looking at doubles, money and multiplication facts and Year 5 and 6 have been learning to use the formal algorithm to solve multiplication problems. Students have been working on a presentation for our NAIDOC day on July 4. The demonstration will also display one of the podcasts students have been working on this term.



**Sophie Payne helping students in the Echidna room while on Work Experience.**

## Big Band Bash

Congratulations to Jalii who attended The Big Band Bash at Quirindi High School this week, playing the clarinet. Jalii was one of 50 students from the Liverpool Plains Community of Schools who took part in this magnificent event.



We are very proud of Jalii and her eager participation in all the opportunities offered at Walhallow Public School. Great work Jalii!



**Parent Meeting  
Monday 1 July, 2019  
2pm**

### Rainbow Serpent Room

Students have been working hard to gain as many stars as they can on our Class Recognition Wall with the aim of receiving a prize from our class prize box at the end of each day. Well done to the students who have already received a prize. Keep it up everyone!

Our snack time each day (9.15am) remains an integral part of our school day. The children enjoy this time to re-fuel before class time. A reminder for students to bring a piece of fruit in each day to share with the class during this time.

In the Rainbow Serpent room we have been encouraging students to draw and to explain their drawings as a language activity. In just a couple of weeks, we have noticed the detail, colour and story of the drawings all developing. Well done students!

Students enjoyed the return of Miss Beck Holland who presented Big Sis, Lil Sis this week after sometime away. This is a great program that encourages physical fitness and aims to increase self-regulation incorporating Aboriginal Perspectives.

Chillax is being presented to students from Tash and Karlee from Tamworth Family Support Services each week. We are so fortunate to access this agency as this program supports learning by promoting self-regulation and relaxation techniques. Thank you Beck, Tash and Karlee.



# Pantry is Tuesday!

\$4

Week – 8– Curry Sausages

Week – 9 - Fried Rice



## Currabubula Art Show Finalists



Curtis Nean, Emily Colgan, Amarni Nean, Charlotte Steibert,  
Samantha Morgan, Miresha Wood and Jalira Hunt (Brody Ezzy absent)

## School Hours

### Start - Finish

9am – 3pm

### Breaks

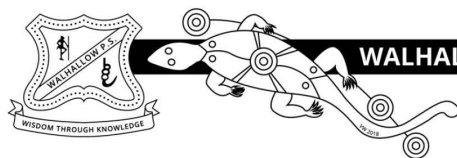
Lunch	11am – 11.15am
Play	11.15am - 11.45
Break	1.30pm – 2pm



9am Start



3pm Finish



**WALHALLOW PUBLIC SCHOOL**

Walhallow Public School  
Mooki River, Carroona, NSW, 2343  
**Principal: Mrs Skye Davis**  
Telephone: (02) 6747 4717  
Fax: (02) 6747 4800  
Email: walhallow-p.school@det.nsw.edu.au

Presents a

## **GOMEROI GAAYNGGAL WORKSHOP**

In

### **Eco Dyeing**

on

**Friday 21st June 2019**

at

**9.30am**

A light lunch will be provided.

  
**The simplest way**  
... to ensure your child gets the nutrients they need at school

Simply pack something from each of the 5 food groups plus water. Try this great example lunch box:



**Wholegrain Breads & Cereals:** Bread Sushi

**Vegetables and salads:** Corn cob

**Meat & Alternatives:** Baked bean muffin

**Dairy:** Yoghurt tub

**Fruit:** Strawberries

**Water:** Always pack a bottle of water

For these recipes and more examples of healthy lunch boxes visit our [website](http://healthylunchbox.com.au).

[healthylunchbox.com.au](http://healthylunchbox.com.au)


**Good for Kids good for life**  
CREATING OPPORTUNITIES FOR INCREASING PHYSICAL ACTIVITY

Children should be getting a least **40 minutes** of moderate to vigorous activity (that makes them 'huff and puff') across the day.


Limiting the use of small screen recreation to **less than 2 hours per day** can increase the time for children to be physically active. Small screen recreation includes using the computer, small screen games or watching TV.

Some tips to decrease the amount of small screen recreation use include:

- Work out a TV viewing schedule with your child.
- Limit the use of computers during the day time, where your child could be having fun playing outside.
- Lead by example and reduce your own screen time.
- Break up long periods of small screen use as often as possible.



Source: Healthy Kids

 **Health**  
Hunter New England  
Local Health District  
[RNEHD-GoodforKids@nswhealth.nsw.gov.au](mailto:RNEHD-GoodforKids@nswhealth.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>

**Quirindi Swimming Club is looking for enthusiastic and energetic people to either join, or lead, our Coaching team.**

Suitable qualifications are advantageous, but not necessary. Training assistance available to the right applicant/s.

Send all expressions of interest to [qascinc@hotmail.com](mailto:qascinc@hotmail.com) or to The President, **PO Box 39, QUIRINDI NSW 2343.**



**SPRING RIDGE FIRECRACKER AND BONFIRE NIGHT**

- ❖ **WHERE:** SPRING RIDGE COUNTRY CLUB
- ❖ **DATE:** 6<sup>TH</sup> JULY, 2019
- ❖ **TIME:** 5PM
- ❖ **FEE:** \$10 PER CAR/FAMILY
- ❖ **BBQ**
- ❖ **MUSIC**
- ❖ **FIREWORKS AND BONFIRE**

**Free Camping at the Recreation Ground**

**NO BYO – ALCOHOL AVAILABLE FOR SALE AT THE COUNTRY CLUB**





# Walhallow Public School 2019 NAIDOC Celebrations.

## VOICE TREATY TRUTH

*Come and celebrate with us as we work  
together towards a shared future!*

**Thursday 4<sup>th</sup> July 2019**

Opening Ceremony and Welcome: 9.30am

Lunch: 1pm

Games Afternoon: 2pm