

**WALHALLOW  
PUBLIC  
SCHOOL**

## NEWSLETTER

**Term 2**

**Week 4**

**Thursday, 23 May 2019**

**Habit of the Week – Week 3: Synergise—Try to always improve**

**Habit of the Week – Week 4: Synergise—Work/Play = Balance**

### **Principal's Message**

Last week I attended some of the best Professional Learning of my career at Grenfell PS. It was called Stronger Smarter Leadership Program from the Stronger Smarter Institute. The man that ran the training was Ken Weatherall—an amazing man and he is coincidentally Briseis' and Curtis' cousin. The training was fantastic and was about High Expectations Relationships. The Leadership Program aims to challenge and support school and community leaders in their pursuit of educational excellence for indigenous students. If you hear the students referring to being Strong and Smart it is because we are talking about being strong in culture and heart and smart, which is about learning at school to be the best they can be.

Congratulations to the students who sat NAPLAN last week. We are sure you all did the best job you could do. Well done! Results will be available later in the year.

How fun was the 'Walkabout Barber'? Thank you to Ooranga for organising such a wonderful day for our community. The boys are certainly sporting some trendy hair styles!

A reminder that if your child is sick and absent from school, it is important to notify the school so the absence is recorded correctly. I have a meeting with The Home School Liaison Officer tomorrow from the Department of Education who monitors our student attendance. Students should be at school unless they are sick and have notified the school or have approved leave. Strong and Smart students attend school each day.

Crunch and Sip—Students are asked to bring a piece of fruit to school each day to share for crunch. We encourage healthy lunch boxes at Walhallow PS. Lollies, chocolates and foods that contain too much sugar are not to be consumed at school. Sandwiches, salads and crackers such as *Cruskits* and *Saos* are all healthy lunch items.

Students are loving our Walking Bus home. It is lovely to wave them good bye at their gate each day.

Next week is National Reconciliation Week, this year's theme is 'Grounded in Truth, Walk Together with Courage'. We are celebrating by hosting the Reconciliation Ride that will visit Walhallow PS on Saturday, 1 June at 11am with a BBQ. Come down to support the riders who are raising awareness of National Reconciliation Week #NRW and have a snag. See you there!



**Curtis Nean**



**Tuesday, 21 May - School Photos, Coffee, Craft and Chat**

**Wednesday, 22 May - Scripture**

**Thursday, 23 May - Chillax presented by TFSS**

**Friday, 24 May - Sport with Sam, Assembly**

**Monday, 27 May - National Reconciliation Week**

**Tuesday, 28 May - Pantry, Yr 4 Transition QHS**

**Wednesday, 29 May - Scripture and Library**

**Thursday, 30 May - Chillax presented by TFSS**

**Friday, 31 May - Sport with Sam**

**Saturday 1 June - Reconciliation Ride visits WPS—IGA BBQ for Jahmeika's Basketball**

### Echidna Room

Amidst sitting NAPLAN exams last week, students in the Echidna Room found enough time to set up Google Classroom. The online learning system is interactive and offers many ways for students to collaborate. Teachers can set up class work within the Classroom and students can submit their work with the click of a button! Teachers can provide immediate feedback and facilitate online discussions between students about set tasks. Students have been set Mathematics tasks in the Classroom so far, and later we will start to incorporate English activities.

I'm excited about our new learning adventure!

"Google classroom is fun because everybody can have a chat about the work Mrs Harris gives us". Jahmeika

"I like Google Classroom because you can do your work on the computer". Jalli

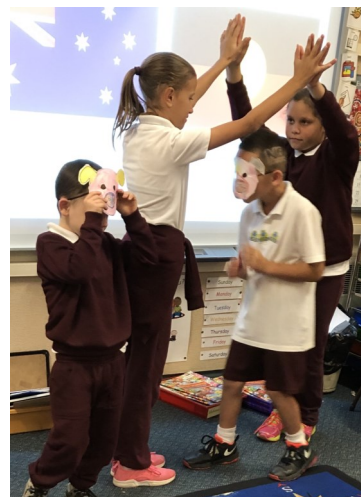
"I like Google Classroom because we can learn new things and try new projects". Jalira



**Callum Steibert using Google Classroom.**

### **The Three Little Pigs**

**Mrs Davis' class-room have started learning about fairy tales starting with the Three Little Pigs drama performance at assembly.**



### **Rainbow Serpent Room**

The Three Little Pigs was our fairy tale of the week last week. The students loved hearing different versions of the story and building straw and stick houses outside with Mrs Hallman and Mrs Payne in the beautiful sunshine.



This week students read Goldilocks and The Three Bears. They learned about temperature and had porridge for a snack.

Students are learning numbers and working well on their coloured words and readers.

**Congratulations to Lara our Take Home Reader Star!**





# Pantry is Tuesday!

\$4

Week – 3– Chicken and Gravy Rolls—Thank you Narelle AKA Mooie

Week – 4 - Cheese and Tomato Toasties



## Walkabout Barber

A visit from the Walkabout Barber has put a smile on so many faces. Thank you Ooranga for organising this fun filled event. Please find some photos below of Ooranga in action as well as some students with their haircuts.



## School Hours

### Start - Finish

9am – 3pm

### Breaks

Lunch 11am – 11.15am

Play 11.15am - 11.45

Break 1.30pm – 2pm



9am Start



3pm Finish



# Mothers' Day Morning Tea & Craft Making



Special thanks to Virginia for her commitment to our students and support of our school, whether it's craft with the students for Mother's Day or Easter, pantry cooking or costume making, Virginia is always there. We are very lucky, much appreciated Virginia!



Thank You!



# The simplest way

## ... to add variety to the lunch box

Does your child get bored with their lunchbox?

Making a few small changes can keep it interesting. Try these quick tips to add variety



- **Mix up the breads** - instead of sandwich bread try: rolls, wraps or pita pockets.
- **Fruit** provides endless possibilities for variety, pack: different coloured, fresh, whole, diced, sliced, canned or dried fruit.
- Use our [interactive lunch box builder](#) and get your children to choose what they would like packed in the lunch box.
- Try some new [sandwich filling ideas](#) - visit our website for quick, easy and tasty filling combinations.
- Check out our website for new [healthy snack ideas](#).
- Cook extra for dinner and pack leftovers for lunch.

For more tips, recipes and ideas visit our [website](#).

[healthylunchbox.com.au](http://healthylunchbox.com.au)

## Good for Kids good for life

### WALK SAFELY TO SCHOOL DAY

FRIDAY 17 MAY 2019

Walk Safely to School Day asks that we consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around.



Although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If they get the bus or train, walk past your usual stop and get on at the next stop
- If you have to drive, park the car a few blocks away from school and walk the rest of the way

Regular exercise with your child is not only beneficial to health, it also gives you a great opportunity to teach your child safe ways to behave around roads and traffic.

Remember, active kids are healthy kids, so get planning your own Walk Safely to School Day journey for **Friday 17 May 2019!**

For more information, visit [www.walk.com.au](http://www.walk.com.au)

Source: Walk Safely to School Day



**Health**  
Hunter New England  
Local Health District

[HNEHLD-GoodForKids@hnehealth.nsw.gov.au](mailto:HNEHLD-GoodForKids@hnehealth.nsw.gov.au)  
<http://www.goodforkids.nsw.gov.au/>



QUIRINDI FOOTBALL CLUB

# SPONSORS DAY

SATURDAY MAY 25, 2019  
12.30PM  
LONGFIELD PARK

- \* FUN FOR THE WHOLE FAMILY
- \* FACE PAINTING
- \* JUMPING CASTLE
- \* SUB JUNIOR EXHIBITION GAMES
- \* ALL FOUR SENIOR GRADES PLAYING
- \* LUCKY DOOR PRIZES
- \* CANTEEN & BBQ ALL DAY

